

Rhythmic Gymnastics Judges Study Guide

Platform: <https://stsstudy.com/>

All participants must create an account on the STS Study platform and complete the required study materials listed below.

Create Your Account

1. Go to <https://stsstudy.com/>
2. Register by creating a username, inputting your email and creating a password.
3. Log in and in the menu locate "TC Content" followed by "TC Presentations". All self-study materials will be available via:
 - RGI – JC24
 - RGG – JC24

Study Materials

RGI – JC24 (Rhythmic Gymnastics Individual)

Presentation	Slides
Difficulty Body (DB)	153
Difficulty Apparatus (DA) Criteria	68
Artistry (ART) Overview	184
Difficulty Apparatus (DA) Bases	69
Execution (E)	73

Additional review materials:

- Generalities
- Music Theory and Music Sections

Practice Judging:

- A Practice
- DA Practice
- DB Practice
- E Practice

Ignore the following sections:

- Updates
- Exam Prep
- Welcome
- Art.Exam

RGG – JC24 (Rhythmic Gymnastics Group)

Presentation	Slides
Difficulty Body (DB)	90
Difficulty Apparatus (DA)	90
Artistry (ART) Overview	85
Execution (E)	73

Review the same Generalities, Music Theory, and Music Sections as in RGI. Practice the same judging components (A, DA, DB, E). Ignore the same sections (Updates, Exam Prep, Welcome, Art.Exam).

Recommended Study Approach

1. Start with Generalities — understand the structure of the Code.
2. Move to DB and DA — learn recognition and criteria.
3. Review Artistry and Execution — focus on evaluation and deductions.
4. Practice Judging regularly — complete all “Practice” sections to test your understanding.
5. Revisit slides and note key examples for review before the exam.